



9TH EDITION OF THE

INTERNATIONAL CONFERENCE ON **NUTRITION SCIENCE, CLINICAL NUTRITION & PUBLIC HEALTH**

HYBRID EVENT

18-20
MARCH 2027

COME AND JOIN US IN:

**SINGAPORE
OR VIRTUALLY**

CONFERENCE **TOPICS**

Clinical Nutrition and Medical Nutrition
Therapy

Personalized Nutrition and Precision Nutrition

Nutrition Science and Human Metabolism

Obesity, Weight Management and Lifestyle
Interventions

Probiotics, Prebiotics, Synbiotics and Gut
Microbiome

Dietetics, Meal Planning and Nutritional
Assessment

Sports Nutrition, Fitness and Performance

Adolescent Nutrition and School Health
Programs

Diabetes Nutrition and Metabolic Disorders

Cardiovascular Nutrition and Heart Health

TENTATIVE PROGRAM

Theme:

**Advancing Nutrition Science for Healthier Populations and Sustainable
Healthcare**

Keynote Speakers



Safiullah Pathan

Lincoln University of Missouri,
United States



Jack Timothy Rogers

Harvard University, United States



**Tafere Gebreegziabher
Belay**

Central Washington University, United States



Dilip Ghosh

Western Sydney University, Australia



Andrea Maier Noth

University Albstadt Sigmaringen, Germany



Raffaella Conversano

University of Bari, Italy



Malgorzata Mizgier

Poznan University of Physical Education,
Poland



**Antonio Claudio
Goulart Duarte**

Federal University of Rio de Janeiro, Brazil

TENTATIVE PROGRAM

KEYNOTE PRESENTATIONS

Safiullah Pathan, Lincoln University of Missouri, United States

Title: Will be Updated Soon

Tafere Gebreegzabher Belay, Central Washington University, United States

Title: Will be Updated Soon

Jack Timothy Rogers, Harvard University, United States

Title: Will be Updated Soon

Dilip Ghosh, Western Sydney University, Australia

Title: Brain health beyond cognition: Exploring the needs of an aging brain

Andrea Maier Noth, University Albstadt Sigmaringen, Germany

Title: The development of healthy eating habits from infancy into adulthood

Raffaella Conversano, University of Bari, Italy

Title: Beyond the apparent: Nutrition, perception, and resilience in contexts of cognitive vulnerability a transdisciplinary proposal inspired by the Volume Oltre l'Apparente (Conversano & irace, 2026)

Malgorzata Mizgier, Poznan University of Physical Education, Poland

Title: Nutrition, physical activity, mental health, and reproductive function in adolescent and young adult women: Neuroimmunometabolic perspectives

Antonio Claudio Goulart Duarte, Federal University of Rio de Janeiro, Brazil

Title: Assessment of a Metabolic Map 3.0 (MM3.0) in association with Cardio Metabolic-Renal Syndrome (CMR-S)

Mohammad Kamil, Lotus Holistic Institute, United Arab Emirates

Title: Plants with special reference to flavonoids and their role in obesity prevention

Yasin Ozdemir, Ataturk Horticultural Central Research Institute, Turkey

Title: Purple basil (*Ocimum basilicum* L.) sherbet as a traditional functional beverage: Bioactive properties and potential health benefits

Iuliana Vintila, University "Dunarea de Jos" Galati, Romania

Title: Gold standards in harmonisation of global nutrition legislation

Maria Vranceanu, University of Medicine and Pharmacy Cluj Napoca, Romania

Title: Will be Updated Soon

TENTATIVE PROGRAM

ORAL PRESENTATIONS

Nedyalka Naneva Valcheva, Vocational High School, Bulgaria

Title: Characterization of isolated strains of microorganisms from mineral, mountain and spring waters from France, Italy, England, South Korea, Japan, Netherlands, Austria, Spain, Singapore and Bulgaria

Shiva Tripathi, Lakshmibai College, India

Title: Consumption patterns of processed foods and associated health and lifestyle factors among college students: A survey-based study

Oral and Poster presentation slots are available
